



Harjot Grewal, PGY1, Family Medicine

I'm Harjot Kaur Grewal, from Surrey, BC. I completed my MD in Lublin, Poland and am a first year Family Medicine resident in Regina. I love family medicine for the continuity and relationships we get to build. It's great having such a wide scope and the opportunity to include special interests. I'm interested in obstetrics and plan to include that in future practice. Outside of Medicine I love to cafe hop, go hiking, and have gotten into pottery/Ceramics.

Here are some of the reasons Harjot was chosen as Resident of the Month (As quoted from the nomination letter):

"Dr. Grewal has been an integral part of our resident training. She is co-lead resident in PGY-1 and has taken on many responsibilities with great skill."

"Staff and colleagues that have had the pleasure of working alongside her see first-hand the compassion and patient centred approach she takes to patients. Patients feel comfortable and at ease with her."

"Dr. Grewal does not shy away when she notices a peer resident struggling, and is a safe, constant uplifting presence."