



Kyle Goldstein, PGY2, Orthopedic Surgery

Dr. Kyle Goldstein is a second-year orthopedic surgery resident at the U of S. Born and raised in Saskatoon, he obtained a Bachelor of Science in physics before attending medical school at McMaster University in Hamilton, ON. He returned to the Saskatchewan to pursue orthopedics, and loves to devote his time both to medicine and to his other passions. Outside of the hospital, he plays fly-half for the Saskatoon Badgers Rugby Club and is team captain for the U of S Rugby Club. In October of this year, he travelled to Guatemala to participate in a rugby tournament and to coach rugby to local children. When not on the pitch, Kyle can be found baking or gardening, and always has extra for his colleagues and friends. If you pass him in the hospital, ask him about his sock collection!

Here are some of the reasons Kyle was chosen as Resident of the Month (As quoted from the nomination letter):

"Kyle plays and competes for Saskatoon in rugby at the level he does while also functioning as a second-year resident in a surgical specialty. He exemplifies work-life balance as well as extraordinary work ethic by committing himself as much to his patients and co-workers as he does to his teammates. He covers sick call for his co-residents, is trusted to manage issues overnight by staff and senior residents, and is kind and caring towards other residents in all programs."

"Kyle is also dedicated to academic excellence and research. He can often be found working late into the evenings on his research project or reading articles to prepare for surgery. During the month of October, he submitted a research manuscript for publication, and delivered a grand rounds presentation on gunshot wounds to surgical residents and staff. On the same day as his grand rounds presentation, he left on a plane with his rugby equipment and clothing donations for children in Guatemala."

"In addition to his exceptional contributions academically and in his extra-curriculars, Kyle is an incredibly kind and genuine friend. He loves baking and gardening, and whether it's cupcakes or cucumbers, Kyle never misses an opportunity to bring sustenance to the orthopedic team room."