



Anmol Gupta, PGY3, Internal Medicine

I grew up in Mississauga, ON, after my family moved there from India when I was 7. I had the pleasure of going to McMaster University for medical school and after that, I came to Regina for my Internal Medicine Residency. I am currently in my PGY-3 year and will be moving to Saskatoon in July to start a GIM fellowship. My hobbies include trying out new recipes, watching the Arsenal Football Club and geeking out about comic book tv shows/movies. Thanks so much for this nomination! I am very humbled and grateful to have received it. I look forward to continuing my efforts!

Here are some of the reasons Anmol was chosen as Resident of the Month (As quoted from the nomination letter):

“While he recently completed his term as Chief Resident, he hasn’t stopped looking out for the other residents in our program. Anmol is someone you can always go to when you have a question about medicine, career planning or life in general.”

“Perhaps Anmol’s most admirable quality is his dedication in advocating for patients. No matter what hour, Anmol consistently goes above and beyond to provide the best, most evidence-based patient care. This is further demonstrated by his research around health disparities affecting patients who are experiencing infective endocarditis.”

“Whether you’re on call together, or just looking for some friendly advice from a senior resident, Anmol has your back. Even though he has been busy studying for the upcoming Internal Medicine Royal College Exam, he always makes the time to answer questions from junior residents and facilitate teaching.”