

Lauren Roberts, PGY3, Emergency Medicine

Lauren is originally from Calgary but grew up all over the place before returning to YYC for medical school. She came to Saskatchewan to join her partner, who is born and raised Regina proud! Outside of her clinical work, she loves teaching evidence-based medicine and epidemiology to Med students and residents alike. When not at the hospital, Lauren loves to travel, be outside and spend time with her partner Terry and 20-month-old daughter Lennon (with another one coming this Christmas!)

Here are some of the reasons Lauren was chosen as Resident of the Month (As quoted from the nomination letter):

"Lauren is a strong resident, with a great knowledge base. Whenever our group has discussions on recent literature, Lauren always provides insightful commentary that others had not thought of. She is clearly a medical expert for her stage of training."

"She always offers to give last minute presentations when issues arise and someone else cannot. I think Lauren has given more Journal Club presentations than anyone else purely because she steps up when issues arise and thankfully, she is a great presenter. Her presentations are concise, visually appealing, relevant, and entertaining. I always leave having learned something."

"Lauren is a constant professional. When bringing up residency concerns to our leadership team she always presents issues in an appropriate way. She makes sure our program is collectively accountable for our responsibilities. Lauren makes having a toddler while in residency, etc. look easy."