



Aivy Cheng, PGY2, Family Medicine

Hi, I'm Aivy Sarah Cheng, a second-year Family Medicine resident at the North West site. I feel blessed to train in such a supportive community.

Originally from the Philippines, I worked as a generalist for five years and will begin my Enhanced Skills Training in Palliative Care at Western University this July.

Beyond medicine, my faith is a big part of my life. I serve as a musician and youth leader in my church and mentor medical students through Synergy. I also sit on the Society of Rural Physicians of Canada's resident committee.

Passionate about supporting international medical graduates, I strive to ease their transition to Canada. As a trained LEAP facilitator with Pallium Canada, I'm committed to expanding palliative care awareness in rural communities.

I'm grateful for the opportunity to learn, mentor, and advocate, and I look forward to making a meaningful impact in my community and for my patients.

Here are some of the reasons Aivy was chosen as Resident of the Month (As quoted from the nomination letter):

"It is truly a privilege to witness the passion and dedication Dr Cheng brings to her work every day. Her enthusiasm for family medicine is truly inspiring, as she is genuinely dedicated to improving the health and well-being of her patients. She finds immense fulfillment in building long-term relationships with families, understanding their unique needs, and providing personalized care. For her, family medicine isn't just a career— it's a calling that allows her to make a meaningful impact on the lives of individuals and communities, fostering trust and healing along the way. She has wholeheartedly embraced the opportunity to expand her expertise in palliative care, seeing it as a vital way to provide compassionate support to those in need."

"Dr Cheng's strong faith in God shines through in all aspects of her life and work. It's not just her clinical skills that makes her stand out, but also her unwavering values, which guides her as a compassionate caregiver and a wonderful colleague. She has a deep passion for playing musical instruments, and her karaoke sessions have always been a source of great joy for us. Whenever she plays, it's not just about the music—it's about creating an atmosphere of fun and laughter, making sure everyone around her has an amazing time. Her energy and talent light up the room, leaving her colleagues with unforgettable memories of good times shared together. Her genuine love for her co-residents fosters a sense of unity and solidarity among the team. Her kindness, patience, and selflessness inspire everyone around her."

"As a mentor, Dr Cheng has been an exceptional guide to junior residents and med students. Her ability to teach, support, and empower others sets a high standard, and it's no surprise that she is loved by patients, preceptors, and colleagues alike. She consistently goes above and beyond, creating a positive, encouraging environment for growth and learning. Her humility and commitment to others leave a lasting impact, and we are all fortunate to have her as a part of our community. Dr. Cheng's future in medicine is incredibly bright, and we have no doubt that she will continue to touch lives in meaningful ways."