



Natasha Premji, PGY2, Family Medicine Southeast

Natasha is a second-year Southeast Family Medicine resident who is soon to be starting her R3 in Emergency Medicine in Regina. She is the lead resident for our site, but also chairs the lead resident subcommittee for all of Family Medicine. She has interests in Women's health, LGBTQIA2S+ health and emergency medicine.

Natasha enjoys the challenges and diversity of rural family medicine, the friendly communities and opportunity to pick your own adventure with your specific interests. Her hobbies include travel, dance, reading, true crime and cooking.

Here are some of the reasons Natasha was chosen as Resident of the Month (As quoted from the nomination letter):

"Dr. Premji is a jovial, warm and holistic individual whose charming personality radiates in everything she does. She never hesitates to ensure all the residents are comfortable. It's delightful to see her passion in advocating for other residents during difficult moments in residency. She single-handedly plans wellness activities to promote our mental health and keep us glued together despite being a distributed site. Her empathy, leadership, and commitment to fostering a positive and inclusive environment have made a meaningful impact on the team. Her outgoing, positive, and kind disposition has been deeply appreciated by everyone, co-residents, faculty and other health care team members."

"Dr. Premji demonstrates academic excellence during academic half days and SIMS teaching. She is an avid learner and loves to teach other residents and medical students. She is a great team player and exemplifies selflessness which is inspirational to us all. Her energy and drive motivates all of us to become better."

"Dr. Premji is currently the Chair of the Family Medicine Lead Residents Committee, The IMG team lead for the Society of Rural Physicians of Canada, and is an incoming PGY3 FM-EM"

Resident, commonly known as the plus 1 year. Her achievements and desire to lead proves her passion for excellence and ensuring patient care. Her genuine love and care for her patients is refreshing. I have no doubt she will carry this along into her future practice. Dr Premji is one of a kind."